



**NIRAMAYA™**  
**HOSPITALS**  
MAY ALL BE HEALTHY

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**HEALTH  
CHECK-UP**

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# Niramaya Plan for Men

## Pathology Tests

- CBC
- ESR
- BLOOD GROUP

## Tests for Diabetes

- BLOOD SUGAR - Fasting, Post Prandial, Glycosylated Hb

## Tests for Liver Diseases

- TOTAL PROTEIN (Globulin, A/G Ratio)
- GGTP
- SGPT
- BILIRUBIN
- ALKALINE PHOSPHATASE

## Tests for Heart Diseases

- TOTAL CHOLESTEROL
- HDL CHOLESTEROL
- LDL CHOLESTEROL
- VLDL CHOLESTEROL
- HDL / CHOLESTEROL RATIO
- TRIGLYCERIDES

## Tests For Kidney Profile

- SERUM CREATININE
- BLOOD UREA
- SERUM ELECTROLYTE
- URINE - Routine/ Microscopy
- STOOL - Routine/ Microscopy

## Diagnostic Tests

- X-RAY CHEST
- SONOGRAPHY\* - Abdomen/Pelvis
- SPIROMETRY
- ECG

## Consultations

- PHYSICIAN
- SURGEON
- OPHTHALMOLOGY (EYE)
- DIETICIAN

**Rs. 5000/-**



# Niramaya Plan for Women

## Pathology Tests

- CBC
- ESR
- BLOOD GROUP

## Tests for Diabetes

- BLOOD SUGAR - Fasting, Post Prandial, Glycosylated Hb

## Tests for Liver Diseases

- TOTAL PROTEIN (Globulin, A/G Ratio)
- GGTP
- SGPT
- BILIRUBIN
- ALKALINE PHOSPHATASE

## Tests for Heart Diseases

- TOTAL CHOLESTEROL
- HDL CHOLESTEROL
- LDL CHOLESTEROL
- VLDL CHOLESTEROL
- HDL / CHOLESTEROL RATIO
- TRIGLYCERIDES

## Tests For Kidney Profile

- SERUM CREATININE
- BLOOD UREA
- SERUM ELECTROLYTE
- URINE - Routine/ Microscopy
- STOOL - Routine/ Microscopy
- PAP SMEAR

## Diagnostic Tests

- X-RAY CHEST
- SONOGRAPHY\* - Abdomen/Pelvis
- SPIROMETRY
- SONOMAMMOGRAPHY
- ECG

## Consultations

- PHYSICIAN
- GYNAECOLOGIST
- OPHTHALMOLOGY (EYE)
- DIETICIAN

**Rs. 5000/-**



# Senior Citizen Plan

## Pathology Tests for Women

- CBC
- ESR

## Pathology Tests for Men

- CBC
- ESR

## Tests for Diabetes

- BLOOD SUGAR  
Fasting, Post Prandial

## Tests for Diabetes

- BLOOD SUGAR  
Fasting, Post Prandial

## Tests for Liver Diseases

- SGOT
- SGPT
- ALKALINE PHOSPHATASE

- SGOT
- SGPT
- ALKALINE PHOSPHATASE

## Tests for Heart Diseases

- TOTAL CHOLESTEROL
- TRIGLYCERIDES

- TOTAL CHOLESTEROL
- TRIGLYCERIDES

## Tests For Kidney Profile

- SERUM URIC ACID
- SERUM CREATININE
- SERUM PROTEIN  
(Globulin, A/G Ratio)
- ALBUMIN
- URINE - Routine/ Microscopy
- STOOL - Routine/ Microscopy

- SERUM URIC ACID
- SERUM CREATININE
- SERUM PROTEIN  
(Globulin, A/G Ratio)
- ALBUMIN
- URINE - Routine/ Microscopy
- STOOL - Routine/ Microscopy

## Diagnostic Tests

- X-RAY CHEST
- SONOGRAPHY\* - Pelvis
- SONOMAMMOGRAPHY
- ECG
- PAP SMEAR

- X-RAY CHEST
- SONOGRAPHY\* - KUB
- ECG
- PROSTATE SP ANTIGEN

## Consultations

- PHYSICIAN
- GYNAECOLOGIST
- OPHTHALMOLOGY (EYE)
- DIETICIAN

- PHYSICIAN
- SURGEON
- OPHTHALMOLOGY (EYE)
- DIETICIAN

**Rs. 4000/-**



# Pre-employment Plan

## Pathology Tests

- CBC
- ESR
- BLOOD GROUP

## Tests for Diabetes

- BLOOD SUGAR - Fasting

## Tests for Liver Diseases

- SGOT
- SGPT

## Tests for Heart Diseases

- TOTAL CHOLESTEROL

## Tests For Kidney Profile

- SERUM CREATININE
- URINE - Routine/ Microscopy
- STOOL - Routine/ Microscopy

## Diagnostic Tests

- X-RAY CHEST
- ECG

## Consultations

- PHYSICIAN



**Rs. 1500/-**

# About Niramaya

Niramaya Hospital is Navi Mumbai's First Premier Multi Specialty Hospital advising those seeking immediate and advanced private medical care.

At Niramaya, we strive to provide the best & only the best medical and surgical care across a wide range of specialties like medical, interventional, diagnostic and counseling services.

Our Motto **“May All Be Healthy”** describes our belief in positive and holistic approach to healthcare for one and all.

In view of this motto, Niramaya Hospital believes that Regular Health Checkup is one such way to prevent any major health problems. Our team of consultants have specially designed health check up programmes to suit the varying lifestyles conducted in a very professional and delightful environment.

Our Niramaya Plan is recommended for men & women for all age groups living a stressful life leading to mental and physical illness. Niramaya Hospital also provides special health checkup packages for Senior Citizen and Preemployment HealthCheckup.

**Note: For all packages...**

- prices are subject to change without prior notice.
- prior appointment is required.



**NIRAMAYA  
HOSPITALS**  
MAY ALL BE HEALTHY

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